

Winter Drinks

Nourishing drinks crafted to complement your retreat experience.

Open Thursday to Sunday from 8 AM to 1.30PM

ARTISAN COFFEE

Espresso	\$5.00
Long Black	\$6.00
Flat White	\$6.00
Cappuccino	\$6.00
Latte	\$6.00
Piccolo	\$5.00
Organic Hot Chocolate	\$6.50
Babyccino	\$2.50
Bay and Bush's Honey	\$1.00
Decaf	\$0.50
Soy/ Almond/ Oat/ Tiger Nut Milk	\$1.00
Large	\$0.50
Extra shot	\$0.50

NOURISHING SMOOTHIES

Honey Harvest Smoothie*

Banana, Bay & Bush honey, dates, cacao, and choice of milk.

A nourishing energy boost.

\$13.00

Berry Balance Smoothie*

Mixed berries and choice of milk.

\$12.00

**Dairy free option available.*

Add wattleseed dusting	\$2.00
Add bee pollen dusting	\$2.00
Add Bay and Bush's Honey	\$2.00

FRESH JUICES

Morning Light

Fresh pressed orange juice or apple juice.

\$9.00

Winter Immunity

Apple, carrot, and ginger.

Fresh, wholesome and energising.

\$12.00

WELLNESS LATTES

Golden Grounding Latte

Turmeric, cinnamon and house honey, gently folded into steamed milk.

Warming, grounding and restorative.

\$8.50

Bush Cacao Ceremony

Single-origin ceremonial cacao, vanilla bean and a touch of honey.

Rich, calming and deeply nourishing.

\$8.50

Matcha Balance Latte

Ceremonial Japanese matcha, your choice of milk, and Bay and Bush's honey.

\$8.50

Native Chai

Slow-brewed Australian botanical chai with warming spices and wattle seed dusting.

\$8.50

Bush Adaptogen Latte

Cacao, reishi mushroom, cinnamon and honey.

A calming blend to support balance and restoration.

\$8.50



The Café
by Bay and Bush
JERVIS BAY · AUSTRALIA

Bay and Bush Jervis Bay Nature Retreat
Offers Accommodation in Cottages and
Tents, Wellness and Corporate Retreats.

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ICED DRINKS

Iced Shaken Honey Latte (House Favourite)

Espresso, milk and Bay & Bush honey.

\$7.50

Seasonal Iced Matcha

Ceremonial matcha with house made seasonal fruit syrup and milk.

\$12.00

Add cold foam

\$2.00

Hibiscus Lemon Myrtle Iced Mayde Tea

Clean and invigorating, with a lingering citrus.

\$6.50

Iced Latte

Espresso over ice with milk.

\$6.50

Tiramisù Latte

Mascarpone, vanilla cold foam, served over an iced latte. *Rich, velvety and sweet.*

\$9.00

Iced Cold Drip Coffee

Refreshing, served with a lemon slice.

\$6.00

WEEKEND BRUNCH SPRITZ

Winter Pear Spritz

Sparkling wine, home-made pear syrup and soda.

\$20.00

Bush Mimosa

Sparkling wine with fresh orange juice.

\$20.00

WINTER WARMERS

Hot Toddy

Whisky, honey, lemon and camomile. *Warm, aromatic and smooth.*

\$23.00

Irish Coffee

Espresso, whisky, and chantilly cream. *Bold, creamy and indulgent.*

\$23.00

BOTANICAL MAYDE TEA

Serenity

\$6.50

Energise

\$6.50

Digest

\$6.50

Organic Chai

\$6.50

Green Sencha

\$6.50

English Breakfast

\$6.50

Earl Grey

\$6.50

Served in glass pots for slow enjoyment.

COLD REFRESHMENTS

Phycohealth Kombucha

\$7.50

Little Hippies Smoothie

\$7.50

H2 Coconut Water

\$7.50

H2 Coconut Water & Lychee

\$7.50

Wallaby Spring Water Can

\$5.50

Wild Juice

\$7.50

LITTLE RANGERS CORNER

Babyccino

\$2.50

Warm Honey Milk

\$4.00

Fresh Orange or Apple Juice

\$9.00



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